



St. Wilfrid's Church of England Primary School

Personal, Social, Health and Economic (PSHE) education and Citizenship Policy

Our Christian Vision:

Our distinctive Christian vision is to follow Jesus' teaching, enabling all members of the school family to live and love fully. We aim for everything we do to be clearly reflected in our mission statement: **Love God, Love each other, Love learning.**

***Let all that you do be done in love* (1 Cor 16:14)**

Context

St. Wilfrid's is an average sized, mixed gender, Church of England primary school with most pupils living either in the village of Halton near Lancaster or in close proximity. Families whose children attend the school live mainly in private housing with some living in rental properties. Almost all the pupils are White British with a very small percentage of pupils of minority ethnic or mixed heritage. The proportion of pupils with learning difficulties and/or disabilities is below average overall, but there is an above average proportion in some age groups

Rationale

This policy sets out how PHSE is strongly valued at St Wilfrid's School as an important and necessary part of all pupils' education. It encompasses relevant strands such as Fundamental British Values, Global Learning and Values Education.

The policy reflects our belief that God loves us all and every child who attends St Wilfrid's will develop their faith, their abilities and know how to develop in the world ahead as global citizens.

Philosophy

Our distinctive Christian vision is to follow Jesus' teaching, enabling all members of the school family to live and love fully. We aim for everything we do to be clearly reflected in our mission statement: ***Love God, Love each other, Love learning.***

At St. Wilfrid's our PSHE education is strongly influenced by our Christian character and supported by the PSHE Association's Programme of Study:

'PSHE education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future.

As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. PSHE education equips pupils to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing.

A critical component of PSHE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the

ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

PSHE education can help to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHE education makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing.

In addition the learning provided through a comprehensive PSHE education provision is essential to safeguarding pupils, as Ofsted has set out.'

[Third edition of the PSHE Association's programme of study for personal, social, health and economic (PSHE) education]

Aims

Our PSHE education at St. Wilfrid's is designed to reflect our Christian vision and we aim to:

- Support pupils' spiritual, moral, cultural, mental and physical development, prepare them for the opportunities, responsibilities and experiences of life and to ensure children are taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum

- **Develop pupils' understanding and awareness of HEALTH AND WELLBEING (Core Theme 1)**

This core theme focuses on:

1. What is meant by a healthy lifestyle.
2. How to maintain physical, mental and emotional health and wellbeing.
3. How to manage risks to physical and emotional health and wellbeing.
4. Ways of keeping physically and emotionally safe.
5. Managing change, including puberty, transition and loss.
6. How to make informed choices about health and wellbeing and to recognise sources of help with this.
7. How to respond in an emergency.
8. To identify different influences on health and wellbeing.

- **Develop pupils' understanding and awareness of RELATIONSHIPS (Core Theme 2)**

This core theme focuses on:

1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts.
2. How to recognise and manage emotions within a range of relationships.
3. How to recognise risky or negative relationships including all forms of bullying and abuse.
4. How to respond to risky or negative relationships and ask for help.
5. How to respect equality and diversity in relationships

- **Develop pupils' understanding and awareness of LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING AND BEING A RESPONSIBLE CITIZEN, Core Theme 3)**

This core theme focuses on:

1. Respect for self and others and the importance of responsible behaviours and actions.
2. Rights and responsibilities as members of families, other groups and ultimately as citizens
3. Different groups and communities

4. To respect diversity and equality and how to be a productive member of a diverse community.
5. The importance of respecting and protecting the environment.
6. About where money comes from, keeping it safe and the importance of managing it effectively.
7. The part that money plays in people's lives.
8. A basic understanding of enterprise

Links to other policies

Anti-Bullying
 Curriculum Policy
 Drug Education
 Mental Health and Wellbeing Policy
 Online Safety Policy
 Preventing Radicalisation Policy
 RE Policy
 Sex and Relationship Education
 Single Equalities
 Safeguarding and Child Protection

Collective Worship Policy

Initiatives and Programmes through which PSHE is taught:

- Philosophy for children
- Corum Scarf lessons
- Life Education bus
- British Values
- RE/Worships
- KidSafe in R, 2, 4, 6
- Wilfrid's Wood

Cross Curricular Provision

There are various links across the curriculum, see year group curriculum grids, class website pages, policies for other subjects. The main links come through Science (e.g. Year 4 learn about keeping teeth healthy), Online Safety, History and Geography, Maths (money based, Enterprise Week), RE) and Worship. In addition, the half termly values award.

Extra-curricular Provision

Staff are strongly committed to providing extra-curricular provision and Sports Premium funding is used to offer additional clubs.

- **Numerous sports clubs**, including: Inclusion Games, Wheel Chair Basketball, football and rugby (for both genders), athletics, Fitness, Cricket, Cross country

- **Other clubs** including: , Choir, Orchestra, Art Club, Knitting Club, Book Club, Homework Club, JAM Club, Coding Club
- **PTFA events** including: Sports Event,, Summer and Christmas Fairs, Beatle Drive, Discos, film nights etc.
- **Wider school events** such as Enterprise Day, Fairtrade fortnight, Safer Internet Day, , Fire Service Visit, Community Tea, St John's Hospice run etc.
- **Charity events** such as: Children in Need, Comic Relief, Boxes of hope etc.

Discrete Provision

PSHE is taught is taught half termly throughout school for a day, known as PSHE day, this has given teachers time to provide the best possible lessons and adapt their teaching to the needs of their class.Teachers plan using both school provided resources/programmes (e.g. KidSafe CORUM SCARF materials, Action for Happiness) and their own initiatives. Please see PSHE Curriculum Grid for an outline of the provision in school.

Assessment and monitoring take place via PSHE class floor-books, discussions with pupils, pupil questionnaires and possibly through lesson observations if necessary. Teachers use their discretion to assess and monitor pupils in their class as appropriate to the objectives set.

Teaching and Learning

Our Teaching and Learning Policy aims to ensure that the children at our school are provided with high quality learning experiences that lead to a consistently high level of pupil achievement. We believe that children learn through their total experience and that they should be encouraged to develop higher order thinking skills, organisational skills and independence. We draw from the pedagogical approaches of *Bloom's Hierarchy* , *Claxton's Building Learning Power and Philosophy for Children (P4C) through:*

- appropriate tasks related to ability
- confidence building;
- example;
- co-operation;
- provision of suitable opportunities;
- responsibilities.

Pupil Involvement

We have a significant number of **Junior Leadership Teams:**

School Council/ Online Safety Team, Worship Team, Reading Ambassadors, House Captains, and Young Leaders.

Pupils are given responsibilities and opportunities to develop wider skills as well as contribute to school life in meaningful ways though, for example the School Council suggestion box/surveys.

Parental Involvement

Parents are invited to contact the school with any questions or queries regarding KidSafe (pupil safeguarding education programme) via letters home after each session.

Parents are asked to comment on Online Safety provision as appropriate (e.g. feedback forms from OLS Parent Information Session and via text message survey).

Information about curriculum provision is provided on the school's website.

Some policies are published in draft form on the website for fixed consultation periods

Community and Other Agency Involvement

We have established links with many other partners/agencies such as:

School nurse

Community Police

LCC Road Safety Team

Fire Service

St Wilfrid's Church

Caton Baptist Church

Local Schools' Pupil Parliament

NISCU

Sports Reach